



BOARD FREESTYLE | ONE FOOT OUT

ONE FOOTERS ARE A FAIRLY EASY TRICK TO LEARN AND LOOK WICKED IF DONE WELL. WHEN YOU ARE COMFORTABLE WITH GRABS, REDIRECTING THE KITE AND LANDING WITH ONE HAND, THEN THIS IS THE TRICK FOR YOU...

Start as you would for a normal jump. Throw the kite back over your head, and once airborne start redirecting with your leading hand. Grab a good hold of the board with your trailing hand. I prefer to grab my Revo Trucks, because they are just the right shape to fit into the palm of my hand, letting me get a good solid grab.

Then thrust your board forwards and your foot back. I try to get as much extension as possible before replacing my foot and spotting my landing, all the while bringing the kite back across the top of the window.

Once your foot is back in the strap, give a good yank on your leading hand to dive the kite back into the power, ready to land fast and smooth for your next run.

When you've mastered this trick, move on to the next stages – try it with rotations, front foot variations and can-cans. It's the trick that keeps on giving!

*Trick Master: Butch (flying for Ozone, Kitedeck, Billys Cambridge, Kiwi Tiling).
Photos: Jamie Clayton*